

體育學系 大學部 課程結構與教學科目表 104學年度

| 科目代碼                               | 科目中文名稱         | 科目英文名稱  | 修別 | 學分 | 時數 | 開課年級 | 備註       |
|------------------------------------|----------------|---|----|----|----|------|----------|
| <b>專門課程 (必修42學分、選修48學分，合計90學分)</b> |                |   |    |    |    |      |          |
| <b>(一) 必修學科 (必修20學分)</b>           |                |   |    |    |    |      |          |
| 475000                             | 體育學原理          | Principles of Physical Education                                  | 必  | 2  | 2  | 1上   |          |
| 006700                             | 人體解剖學          | Human Anatomy   | 必  | 2  | 2  | 1下   |          |
| 474200                             | 體育統計學          | Statistics in Physical Education                                  | 必  | 2  | 2  | 1下   |          |
| 472500                             | 體育史            | Sport History   | 必  | 2  | 2  | 1下   |          |
| 356200                             | 運動心理學          | Sport Psychology  | 必  | 2  | 2  | 2上   |          |
| 361100                             | 運動教育學          | Sport Pedagogy  | 必  | 2  | 2  | 2上   |          |
| 357400                             | 運動生理學          | Exercise Physiology   | 必  | 2  | 2  | 2上   |          |
| 356800                             | 運動生物力學         | Sport Biomechanics  | 必  | 2  | 2  | 2下   |          |
| 360500                             | 運動訓練法          | Sport Training Method   | 必  | 2  | 2  | 2下   |          |
| 360100                             | 運動哲學           | Philosophy of Sport   | 必  | 2  | 2  | 2下   |          |
| <b>(二) 必修術科 (必修22學分)</b>           |                |   |    |    |    |      |          |
| 0082400                            | 田徑             | Track and Field   | 必  | 2  | 4  | 1全   | 男女分開上課   |
| 0475600                            | 體操             | Gymnastics  | 必  | 2  | 4  | 1全   |          |
| 0323400                            | 游泳             | Swimming  | 必  | 2  | 4  | 1全   |          |
| 0468500                            | 籃球             | Basketball  | 必  | 2  | 4  | 1全   |          |
| 0322400                            | 棒壘球            | Baseball  | 必  | 2  | 4  | 1全   |          |
| 0208900                            | 桌球             | Table Tennis  | 必  | 2  | 4  | 1全   |          |
| 0103900                            | 羽球             | Badminton   | 必  | 2  | 4  | 2全   |          |
| 0390700                            | 舞蹈             | Dance   | 必  | 2  | 4  | 2全   |          |
| 0262600                            | 排球             | Volleyball  | 必  | 2  | 4  | 2全   |          |
| 0122600                            | 足球             | Soccer  | 必  | 2  | 4  | 2全   |          |
| 0386300                            | 網球             | Tennis  | 必  | 2  | 4  | 2全   |          |
| <b>(三) 身體活動教學領域 (至少選修26學分)</b>     |                |   |    |    |    |      |          |
| 570100                             | 運動員生涯規劃        | Career Planning for Athlete                                       | 選  | 2  | 2  | 1上   | 至少選修14學分 |
| 024700                             | 中國體育史          | History of Chinese Sports   | 選  | 2  | 2  | 2下   |          |
| 474400                             | 體育測驗與評量        | Measurement and Evaluation for Physical Educators                 | 選  | 2  | 2  | 2下   |          |
| 503000                             | 健康與體育課程標準學習與評估 | Learning & evaluation of health and physical education curriculum | 選  | 2  | 2  | 2下   |          |
| 570000                             | 教練哲學           | Philosophy of Coaching  | 選  | 2  | 2  | 2上   |          |
| 224000                             | 健身運動心理學        | Exercise Psychology   | 選  | 2  | 2  | 3上   |          |
| 359700                             | 運動科學導論         | Introduction of Sport Science                                     | 選  | 2  | 2  | 3上   |          |
| 362100                             | 運動裁判法導論        | Sports Officiationg   | 選  | 2  | 2  | 3上   |          |
| 363600                             | 運動醫學           | Sport Medicine  | 選  | 2  | 2  | 3上   |          |
| 472400                             | 體育文獻選讀         | Selective Reading in Physical Education                           | 選  | 2  | 2  | 3上   |          |
| 569800                             | 體育教學評析         | Systematic observation of teaching physical education             | 選  | 2  | 2  | 3上   |          |
| 569900                             | 動作行為學          | Motor Behavior  | 選  | 2  | 2  | 3上   |          |
| 570200                             | 運動組織現勢         | Contemporary Issues of Sport Organization                         | 選  | 2  | 2  | 3上   |          |
| 473400                             | 體育研究法          | Research Methods of Physical Education                            | 選  | 2  | 2  | 4下   |          |

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| 356400                             | 運動心理學實驗     | Experiment of Sport Psychology  | 選  | 2  | 4  | 4上   |    |
| 357100                             | 運動生物力學實驗    | Experiment of Sport Biomechanics  | 選  | 2  | 4  | 4上   |    |
| 357700                             | 運動生理學實驗     | Experiment of Exercise Physiology   | 選  | 2  | 4  | 4上   |    |
| 424000                             | 論文寫作        | Writing Research Papers   | 選  | 2  | 2  | 4上   |    |
| 359900                             | 運動倫理學       | Sports Ethics   | 選  | 2  | 2  | 3下   |    |
| 473000                             | 體育社會學       | Sociology of Sports   | 選  | 2  | 2  | 2上   |    |
| 425900                             | 適應體育        | Adapted Physical Education  | 選  | 2  | 2  | 3下   |    |
| 286700                             | 教學現場觀察      | Classroom Observation   | 選  | 2  | 2  | 4下   |    |
| 570300                             | 運動產業概論      | Introduction of Sport Industry  | 選  | 2  | 2  | 3下   |    |
| 362900                             | 運動管理學       | Sports Management   | 選  | 2  | 2  | 2上   |    |
| 0915800                            | 新興運動產業經營與管理 | Business Management in Emerging Sport Industry                                  | 選  | 2  | 2  | 3上   |    |
| 0915900                            | 運動休閒企業策略管理  | Strategic Management in Sport Leisure   | 選  | 2  | 2  | 2下   |    |
| 0916000                            | 運動行銷企畫與贊助   | Marketing and Sport Sponsorship Planning  | 選  | 2  | 2  | 3下   |    |
| 0916100                            | 運動與休閒英文     | Sport and Leisure English   | 選  | 2  | 2  | 4上   |    |
| 875900                             | 運動產業與實習(一)  | Sport Industry Practicum I  | 選  | 2  | 4  | 3下   |    |
| 876000                             | 運動產業與實習(二)  | Sport Industry Practicum II   | 選  | 2  | 4  | 4上   |    |
| 0931000                            | 體育科教材教法     | Teaching Materials and Methods for Physical Education                           | 選  | 2  | 2  | 3下   |    |
| 0931100                            | 田徑教學與指導     | Teaching and Guidance of Track and Field  | 選  | 2  | 2  | 3上   |    |
| 0931200                            | 游泳教學與指導     | Teaching and Guidance of Swimming   | 選  | 2  | 2  | 3上   |    |
| 0931300                            | 舞蹈教學與指導     | Teaching and Guidance of Dance  | 選  | 2  | 2  | 3下   |    |
| 0931400                            | 體操教學與指導     | Teaching and Guidance of Gymnastics   | 選  | 2  | 2  | 4上   |    |
| 0931500                            | 國術教學與指導     | Teaching and Guidance of Kuo Shu  | 選  | 2  | 2  | 4下   |    |
| 0931600                            | 籃球教學與指導     | Teaching and Guidance of Basketball   | 選  | 2  | 2  | 3下   |    |
| 0931700                            | 排球教學與指導     | Teaching and Guidance of Volleyball   | 選  | 2  | 2  | 3下   |    |
| 0931800                            | 棒壘球教學與指導    | Teaching and Guidance of Baseball   | 選  | 2  | 2  | 4上   |    |
| 0931900                            | 網球教學與指導     | Teaching and Guidance of Tennis   | 選  | 2  | 2  | 4上   |    |
| 0932000                            | 羽球教學與指導     | Teaching and Guidance of Badminton  | 選  | 2  | 2  | 3下   |    |
| 0932100                            | 桌球教學與指導     | Teaching and Guidance of Table Tennis   | 選  | 2  | 2  | 3下   |    |
| 0932200                            | 手球教學與指導     | Teaching and Guidance of Handball   | 選  | 2  | 2  | 3下   |    |
| 0932300                            | 直排輪教學與指導    | Teaching and Guidance of Inline skating   | 選  | 2  | 2  | 3上   |    |
| 0075200                            | 民俗體育        | Folkway Activities  | 選  | 2  | 2  | 3上   |    |
| 0932400                            | 民俗體育教學與指導   | Teaching and Guidance of Folkway Activities                                     | 選  | 2  | 2  | 3下   |    |
| 0932500                            | 跆拳道教學與指導    | Teaching and Guidance of Taek Wondo   | 選  | 2  | 2  | 3下   |    |
| 0932600                            | 合球教學與指導     | Teaching and Guidance of Korfbal  | 選  | 2  | 2  | 3下   |    |
| <b>(四) 幼兒暨銀髮族身體活動領域 (至少選修22學分)</b> |             |   |    |    |    |      |    |
| 571800                             | 幼兒身心發展理論與實務 | Theory and Practice of Physical and Psychological Development in Young Children | 選  | 2  | 2  | 2下   |    |

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| 0571900 | 幼兒園身體活動教學實習    | Teaching Practicum on Kindergarten Physical Activity                         | 選  | 2  | 4  | 2下<br>3上 |    |
| 572000  | 幼兒園身體活動教育實習    | Educational Practicum for Kindergarten Physical Activity                     | 選  | 2  | 4  | 4上       |    |
| 572100  | 幼兒感覺～知覺統合理論與實務 | Theory and Practice of Sensory and Perceptual Integration in Young Children  | 選  | 2  | 2  | 3上       |    |
| 572200  | 特殊兒童運動指導       | Sport Technique Guidance Methods of Exception Children                       | 選  | 2  | 2  | 4下       |    |
| 572300  | 幼兒動態活動教材規劃與實務  | Plan and Practice of Physical Activity Teaching Materials for Young Children | 選  | 2  | 2  | 3下       |    |
| 571500  | 幼兒園動態活動經營管理與實務 | Administration and Management of Physical Activity Program in Kindergarten   | 選  | 2  | 2  | 4上       |    |
| 571600  | 幼兒遊戲與體育教材教具製作  | Designing and Applying Educational Materials for Young Children              | 選  | 2  | 2  | 3下       |    |
| 567600  | 幼兒體操           | Gymnastics for Young Children  | 選  | 2  | 2  | 3上       |    |
| 567700  | 幼兒韻律           | Rhythmic Activity for Young Children   | 選  | 2  | 2  | 3下       |    |
| 567800  | 幼兒發展活動         | Physical Development for Young Children                                      | 選  | 2  | 2  | 3上       |    |
| 567900  | 幼兒水中遊戲         | Water Activity for Young Children  | 選  | 2  | 2  | 3下       |    |
| 568000  | 幼兒球類遊戲設計與實作(一) | Designing and Practicing of Games for Young Children I                       | 選  | 2  | 2  | 3下       |    |
| 568100  | 幼兒球類遊戲設計與實作(二) | Designing and Practicing of Games for Young Children II                      | 選  | 2  | 2  | 4上       |    |
| 568200  | 老人學概論          | Introduction to Gerontology  | 選  | 2  | 2  | 2上       |    |
| 568300  | 銀髮族動作指導概論      | Introduction to Movement Skill Guidance for the Elderly                      | 選  | 2  | 2  | 2下       |    |
| 568400  | 銀髮族活動課程設計      | Physical Activity Program Design for the Elderly                             | 選  | 2  | 2  | 3上       |    |
| 568700  | 銀髮族身體活動(一)     | Internship in Physical Activity for the Elderly I                            | 選  | 2  | 2  | 2下       |    |
| 568800  | 銀髮族身體活動(二)     | Internship in Physical Activity for the Elderly II                           | 選  | 2  | 2  | 3上       |    |
| 0932700 | 銀髮族休閒活動規劃概論    | Introduction of leisure programming for elderly                              | 選  | 2  | 2  | 3上       |    |
| 0932800 | 銀髮族體適能測驗       | Senior fitness test  | 選  | 2  | 2  | 3上       |    |
| 0932900 | 銀髮族運動復健與輔具應用概論 | Introduction of Injury Rehabilitation and Assistive Device for Elderly       | 選  | 2  | 2  | 3下       |    |
| 0933000 | 運動與健康老化        | Exercise and Healthy Aging   | 選  | 2  | 2  | 4上       |    |
| 568600  | 運動保健學          | Sport Health Care  | 選  | 2  | 2  | 2下       |    |
| 363300  | 運動與營養          | Sport and Nutrition  | 選  | 2  | 2  | 3上       |    |
| 533900  | 體適能理論與實際       | Physical Fitness Theory and Practice   | 選  | 2  | 2  | 2下       |    |
| 361500  | 運動處方           | Exercise Prescription  | 選  | 2  | 2  | 3下       |    |
| 534100  | 運動傷害防護學        | Prevention of Sport Injury   | 選  | 2  | 2  | 3下       |    |
| 0933100 | 運動貼紮與實驗        | Sports Taping  | 選  | 2  | 2  | 4上       |    |
| 0534200 | 運動按摩           | Sport Knead  | 選  | 2  | 2  | 4上       |    |
| 568900  | 職能復健           | Vocation for Rehabilitation  | 選  | 2  | 2  | 4上       |    |
| 0933200 | 運動傷害評估急救與復健    | Sports Injury Evaluation and Aid Rehabilitation                              | 選  | 2  | 2  | 3下       |    |

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| 0933300 | 運動傷害防護實習    | Athletic Training and Practicum                    | 選  | 2  | 2  | 4上   |    |
| 0933400 | 戶外探索概論      | Introduction of outdoor prusuits                   | 選  | 2  | 2  | 2下   |    |
| 0933500 | 定向運動與地理寶藏   | Orienteering and geocaching                        | 選  | 2  | 2  | 3上   |    |
| 0933600 | 繩結技術與攀岩     | Knot tying and bouldering                          | 選  | 2  | 2  | 3下   |    |
| 0933700 | 健行與露營       | Hiking and camping                                 | 選  | 2  | 2  | 4上   |    |
| 0933800 | 探索教育活動與規劃   | Adventure Education                                | 選  | 2  | 2  | 4上   |    |
| 0858900 | 運動與休閒活動企劃概論 | Introduction of Spots and Leisure Activity Project | 選  | 2  | 2  | 3下   |    |
| 0933900 | 運動賽會規劃與實務   | Planning and Practice of Sport Events              | 選  | 2  | 2  | 3下   |    |
| 0934000 | 運動餐旅業管理與實務  | Sport and Hospitality Management                   | 選  | 2  | 2  | 4上   |    |
| 0934100 | 肌力訓練教學與指導   | Teaching and Guidance of Strength                  | 選  | 2  | 2  | 3下   |    |
| 0934200 | 太極拳教學與指導    | Teaching and Guidance of Tai Chi Chuan             | 選  | 2  | 2  | 4上   |    |
| 569000  | 瑜珈          | Yoga   | 選  | 2  | 2  | 4上   |    |
| 0934300 | 瑜珈教學與指導     | Teaching and Guidance of Yoga                      | 選  | 2  | 2  | 4下   |    |
| 0934400 | 高爾夫球教學與指導   | Teaching and Guidance of Golf                      | 選  | 2  | 2  | 4上   |    |
| 0934500 | 水上運動教學與指導   | Teaching and Guidance of Aquatics                  | 選  | 2  | 2  | 3上   |    |
| 0934600 | 有氧舞蹈教學與指導   | Teaching and Guidance of Aerobics Dance            | 選  | 2  | 2  | 4下   |    |